

### SBNM Law Student Newsletter

Connecting future practitioners to the State Bar of New Mexico and our vast legal network!

### > Did you know?

When you join the State Bar, you become a Young Lawyers Division member!

Most of our YLD events are open to law student members. To stay up to date on all of our goings-on, sign up for a free State Bar membership here: www.sbnm.org/Member-Services/Law-Student-Application

It's **free**! You can also follow us on social media: @NewMexicoYLD.

Septmeber 2021 Inside This Issue:	> Message from the YLD Chair	SBNM is Hear	> Scholarships
	> 2021 Western States Regional	Podcast	> Judges and Lawyers
	Summit of ABA YLD Affiliates	> Sections	Assistance Program
	> What I Wish I Knew About	<b>&gt;</b> Committees	<b>&gt;</b> "What a Healthy
	> Coaching for Law Students	> Legal Education	Lawyer Looks Like"
		> Clerkships	

### > Message from the YLD Chair

As Chair of the State Bar of New Mexico Young Lawyers Division, I would like to wish you a successful semester at UNM School of Law!

We know you are excited to be back together so stay tuned for in-person, lunchtime presentations from YLD Board Members about the YLD and our School of Law Programming. We are looking forward to working together!

In the meantime, here are some of the events that we're looking forward to hosting again!

#### **Mentorship Program**

The YLD/UNMSOL Mentorship Program matches law students with young lawyers in the New Mexico legal community. We hope that our program this year will return to in-person, but matches are of course always able to meet virtually in their pairs. Participants have the opportunity to engage in small- and large-group networking and other activities. This is a great opportunity to start networking and leveraging relationships before you begin your practice, no matter what city or state that might be in.

To sign up for a young lawyer mentor, visit https://form.jotform.com/NewMexicoYLD/2021student

#### **Resume Reviews**

Throughout the year, the YLD partners with UNMSOL Career Strategies to recruit a panel of lawyers to review law student resumes in preparation for on-campus interviews and other summer employment/internship/ externship opportunities. Stay tuned for more information as we assemble this year's volunteer panelists!

#### **Mock Interviews**

Every year in January/February (before the Jaramillo Program deadlines) the YLD organizes Mock Interviews to further prepare students for employment opportunities. Sign-ups for this will be sent out later in the semester, so stay tuned for more information from Career Strategies.

#### Feel free to reach out to me with any questions, concerns, feedback, or guidance!

Shasta N. Inman 2021 YLD Chair shasta.inman@gmail.com



State Bar*of* New Mexico Young Lawyers Division

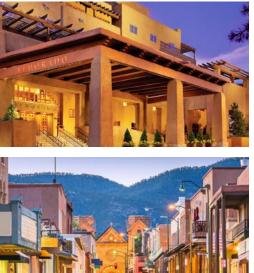
# Save the Date

#### Save the Date for the 2021 Western States Regional Summit of ABA YLD Affiliates

The SBNM YLD and ABA YLD Affiliates are excited to host the Western States Regional Summit of ABA YLD Affiliates in Santa Fe, New Mexico, November 4-7. The Summit will be hosted at Eldorado Hotel & Spa. This Summit is funded in part by the ABA YLD, through a subgrant from the ABA Board of Governors.

This will be an exciting set of days of networking, education topics of interest to young/new lawyers, and hosting a pro-bono event for our New Mexican first responders.

Law students are welcome and encouraged to attend! Attorneys from New Mexico, Texas, Colorado, and South Dakota will be attending.



#### Details are still being finalized but here is a look at what we are working on:

- Welcome Reception at Casa Espana
- Tour of the New Mexico Supreme Court
- CLE Programming on Friday and Saturday
- Visit to Meow Wolf
- Wills for Heroes Pro Bono Event

#### CLE presentations on a variety of topics:

- Exploring the #FreeBritney Movement
- LGBTQ Cultural Competency
- Beginning Conversations about DEI in the Workplace
- What I Wish I Knew: Perspectives from the Judiciary & Lunch with Justices/Judges
- Finding & Harnessing Your Legal Passion in Public Interest
- Cannabis Law
- Entertainment Law

Law student registration is only \$35 for the full conference! Registration includes attendance to any CLE presentation; access to digital CLE materials; a swag bag and printed program; admission to the Thursday Welcome Reception (snacks & two drink tickets); and breakfast, lunch, breaks, and other refreshments during Friday and Saturday programming. You are welcome to attend as much as your schedule permits! We hope to see you there!

To learn more and register visit **www.sbnm.org/yldsummit** Or email Member Services at memberservices@sbnm.org.

### > What I Wish I Knew About...

#### When you join the State Bar, you become a Young Lawyers Division member!

#### ...Bar Prep

""Don't try to do too much. It's impossible to prep for every possible question, so try and put your energy into specific areas where you are most likely to be able to improve your knowledge. For those subjects where you're less (or not at all) familiar, try to learn the basics and develop a general understanding." – 2018 Graduate

"I wish I knew that there was no need to stress about not finishing every single assignment in your Bar prep course. Doing your best with the time you have will pay off." – H. Pavlides, 2020

"That there is no single right way to do it. During the first half of my bar study period, I wasted time doing mindless Barbri tasks that were not helping me learn/retain information. Once you figure out what works for you, focus on that and don't feel guilty for doing things differently than others." – N. Cabrera-Mazzeo, 2020

#### ...Student Loans

"Student loans can feel insurmountable because of the size of the number. But developing a plan on how to manage them will relieve your stress. If you'd like to benefit from the Public Servant Loan Forgiveness program, make a checklist of all requirements and the paperwork that must be completed each year. If you want to pay the loans off as quickly as possible, calculate a budget and stick to it hard and fast. - D. Fogg, 2019

"If you are able, pay off your student loans as quickly as you can. Many lawyers I know went to law school to champion social justice issues and ended up in a job they don't enjoy because of money. The sooner your loans are paid off, the more choices you will feel you have to do work you want to do."– H. Bell, 2016

#### ...Work-Life Balance

"My levels of stress and anxiety by the end of law school were unhealthy and unsustainable. I had to make significant life changes to ensure that I could begin my career in a way that was right for me. For the first time in my life, my own happiness and well-being are my top priorities. I have my dream job with amazing coworkers, and I often feel guilty for NOT being a workaholic. It takes a lot of effort and self-compassion, but I am molding my career to fit the life I want to live instead of trying to change myself to fit into a profession that was built for people very different than me". - N. Cabrera-Mazzeo, 2020

"Life has a nasty habit of flying by. Spending time with the people you love is every bit as important as taking care of your professional responsibilities." - H. Pavlides, 2020

### Coaching for Law Students\*

#### Hello UNMSOL students,

I am Judge Sandra Engel, executive/personal coach and local licensed attorney. I am excited to offer one on one coaching services exclusively for UNM law students. The International Coaching Federation defines coaching as partnering with clients in a thoughtprovoking and creative process that inspires them to maximize their personal and professional potential.



#### **COACHING SERVICES OFFERED**

- Are you looking for guidance on how to navigate law school?
- Do you need help with finding the perfect practice area?
- Do you need help creating an effective networking strategy?
- Do you struggle with lack of confidence, lack of motivation or procrastination?
- Do you want to learn how to create a strong personal brand?
- Do you need a partner to help you move forward in an area where you feel stuck?

I am offering pro bono services as your coach to help you maximize your strengths, achieve your goals, balance your work and family life, and anything else with which you need support. Email me at sanjnm@gmail.com and we can set up a discovery call to see if we are a good fit

\*This information was provided independently on behalf of Judge Engel. This is not affiliated with the State Bar of New Mexico. For further questions, please contact Judge Engle\*

### SBNM is Hear Podcast



The *SBNM is Hear* podcast is the official podcast for the State Bar of New Mexico. Created to connect our members throughout our large state, it has become a particularly useful resource for our now-virtual world. Be sure to tune in to our "What I Wish I Knew" episodes to hear from different attorneys reflecting on their careers, and check out our other topics as you proceed in your journey from law student to lawyer!

#### Season 1: Ep. 2 & 3: Ernestina Cruz, Cruz Law Firm, SBNM 2020 President

*Hear Tina's experience as a first-generation attorney from northern New Mexico, and the lessons she learned from her first court experience.* 

#### Season 1: Ep. 4: Tomas Garcia, Modrall Sperling Law Firm, SBNM YLD 2017 Chair

Tomas discusses his experience working in larger firms directly out of law school, clerking for the late Chief Justice Daniels, and staying grounded in a stressful profession with help from his faith.

#### Season 1: Ep. 7: Aja Brooks, Second Judicial District Self Help and Dispute Resolution, New Mexico State Bar Foundation 2021 President

*Aja shares her passion for public interest law and her experiences working with legal services programs, as well as her perspective as a Black woman in the legal field and a new mom.* 

#### Season 1: Ep. 11: Hear All About It: Judicial Clerkship with NM Justice David K. Thomson

*Hear directly from a judicial leader on the importance of clerkships and how to make yourself standout. Two young lawyers also share their clerking experiences.* 

#### Season 2: Ep. 6 – Let's Talk About Avoiding Professional Heartburn

*Tune in to hear from members of our Lawyers Professional Liability Committee as they discuss common mistakes lawyers make, malpractice carrier concerns, red flags with clients and much more. A great listen for new and established attorneys alike!* 

### Coming Oct. 2021: What I Wish I Knew with Carla Martinez, Second Judicial Court, SBNM 2021 President



### > Sections

#### When you join the State Bar, you can join two Sections for free!

Membership in a section can gain you early access to practice area-targeted resources, networking with your future colleagues, and provide leadership experience by participating on their Boards. You can change your section membership on an annual basis!

に次にななる日本



Visit sbnm.org/leadership to learn more about each group!

#### > Serve as a Student Liaison Board Member

Interested in making connections with practitioners before you graduate? Want to add some leadership experience to your CV? Serve as a liaison to one of the section boards!

The New Mexico legal community is tight knit, everyone knows everyone. Serving as a liaison can help you begin to foster relationships around the state. The section boards love to have student voices in their discussions and want to help you thrive in your career, wherever you decide to practice.

Obligations typically include attending board meetings (monthly or every other month depending upon the board), updating the other directors on law school updates and/or law student group initiatives.

If you are interested in serving as liaison to a section board, email Member Services memberservices@sbnm.org

### Committees

# When you join the State Bar, you can join up to two Committees!

Committees serve to strengthen the profession, provide resources to members, improve public understanding of legal issues and process or increase access to the legal system. Those listed below do not include all of the SBNM's committees but are the ones with the most aligned interest and participation of law students.

#### Alternative Methods of Dispute Resolution (ADR)

Composed of mediators and attorneys who further support the community by expanding practical access to such methods of dispute resolution.

#### **Historical Committee**

Holds an annual presentation that is free to all members of the State Bar. While not all presentations are law related, the topics range from educational to entertaining.

#### Legal Services and Programs Committee (LSAP)

Facilitates cooperation and coordination of the legal services provided by various segments of the State Bar and increases public access to the civil justice system.

#### Well-Being Committee

Examine and create initiatives centered around wellness that includes mental, emotional, physical, and spiritual health and substance use struggles within the New Mexico legal community.

#### Committee on Diversity in the Legal Profession (CDLP)

Aim to strengthen diversity and inclusion of the incoming generation of lawyers.

#### Committee on Women and the Legal Profession (CWLP)

Seeks to address issues adversely affecting female lawyers and judges and promotes systemic changes and opportunities to advance the role of women in the legal profession.

### > Legal Education



#### FREE, FREE, FREE! Got your attention yet?

All law student members receive any SBNM or New Mexico State Bar Foundation continuing legal education courses (CLEs) for free! There is no cap or limit to how many or what type of CLEs you can take. Enjoy this perk, as these pesky CLEs can cost a pretty penny once you are Barred and practicing!

To view our catalog and register for courses, visit sbnm.org/cle-events.

### >Clerkships

#### JUDICIAL CLERKSHIP PROGRAM



The purpose of the Judicial Clerkship Program is to provide opportunities to students who are members of traditionally underrepresented groups in the legal profession, particularly within the judiciary. In addition, it is the purpose of the program to prepare individuals with the tools necessary to obtain judicial clerkships. The program provides opportunities to underrepresented students, which may include, but is not limited to, members of racial or ethnic minorities, women, identify as LGBTQIA+,

students with disabilities, students who are economically disadvantaged.

Leading up to the summer clerkship, students participate in workshops with New Mexico justices, justices from other states, review resumes and covers letters, and work with attorneys who clerked early in their careers.

About: The program is a 10 week (24-32 hours per week), summer internship open to underrepresented secondyear law students. Students will receive a \$5000 stipend for their summer work. Students will be placed at one of the following courts for their clerkship: New Mexico Supreme Court, New Mexico Court of Appeals, New Mexico's Thirteen District Courts (Sandoval and Valencia), or Bernalillo County Metropolitan Court. Interested students must submit applications via PDF format no later than **Monday**, **September 20**.

To learn more and apply, visit www.sbnm.org/judicialclerkship.

#### ARTURO JARAMILLO CLERKSHIP PROGRAM



**ARTURO L. JARAMILLO** Summer Law Clerk Program

Arturo Jaramillo, the first Hispanic president of the State Bar of New Mexico, started the Summer Law Clerk Program in 1993. Over the years, more than 300 first-year law students have participated in the program, working in the best legal environments in New Mexico.

The Arturo Jaramillo Program provides a unique paid professional development opportunity to first-year UNM School of Law students who are members of diverse groups that are under-represented in the New Mexico legal community.

The Program creates employment opportunities in medium and large law firms, state and local public agencies, and corporate law departments in New Mexico by providing a summer law clerk experience for motivated and deserving law students who meet the programs eligibility criteria.

The Program embraces a broad definition of diversity, including, but not limited to race, national origin, gender, sexual orientation, sexual identity, transgender status, ethnicity, religion, age, socio-economic background, disability, veteran status, and geographic diversity. The Program is also for students who are first generation college and/or first generation law students!

Application Season: Application season opens at the start of the Spring semester. The deadline is usually end of January with interviews the first weekend of February.

### >Scholarships

Finally, a one-stop shop for all of our scholarship info! The following information is a general overview of the various scholarships connected to/with the SBNM. To learn more, visit the respective websites for deadlines and amounts. You can find all of this information year-round on www.sbnm.org/lawstudents

#### **UNMSOL SCHOLARSHIPS & AWARDS**

The following scholarships are in conjunction with the University of New Mexico School of Law. Applications are submitted and financial disbursement is handled through UNMSOL.

To learn more about each scholarship, please visit https://lawschool.unm.edu/admissions/financial-aid/scholarships.html.

To learn more about each award, please visit https://lawschool.unm.edu/academics/awards/awards-prizes.html.

#### **Employment and Labor Law Section**

#### Richard Gonzales Employment and Labor Law Scholarship

**About:** The Richard Gonzales Employment and Labor Law Scholarship will be awarded to a second- or thirdyear law student interested in a career in employment and/or labor law. To apply, you must submit an unofficial law school transcript, resume detailing your experience and a cover letter (1,000 words maximum) explaining why you are best qualified to receive the scholarship. Applications will be reviewed by the selection committee, comprised of law school faculty, a member of the State Bar's Employment and Labor Section and the assistant dean of admissions and financial aid.

Students: 2L and 3L

#### **Family Law Section**

About: The Family Law Section Scholarship was established to provide tuition support to second- and third-year law students at the University of New Mexico School of Law. This scholarship provides assistance to a candidate who has an interest in practicing in the area of family/domestic relations law. This scholarship will be awarded to a full-time 2L or 3L student who demonstrates financial need and a commitment to the New Mexico family law community. To apply, please submit a document of no more than 500 words demonstrating your interest in and experience with Family Law and explaining why you are best qualified to receive this scholarship.

Students: 2L and 3L

#### **Health Law Section**

**About:** The Health Law Section and Sutin, Thayer & Browne co-sponsor stipends for UNMSOL students interested in health law and interested in attending national health law-related conferences. Conference

is typically the ABA Health Law Emerging Issues in Healthcare Conference.

Students: 1L, 2L, 3L

#### **Public Law**

Othmer Fellowship

About: Through programming, outreach, and fundraising, the Association of Public Law (APIL) encourages students to pursue careers in the field of public interest law. Annually, APIL in conjunction with the Public Law Board and Sheila Brown awards the Craig Othmer Fellowship, a \$3000.00 fellowship, to a law student who has secured an unpaid public interest position for the summer.

Students: 1L, 2L, 3L

More info: https://lawschool.unm.edu/students/organizations/apil/fellow.html

#### **Real Property Trust & Estate Section**

The Real Property Trust and Estate Section is dedicated to providing opportunities that cultivate an interest in careers in the areas of real property and trust and estates. The RPTE Section is offering two scholarships; one to students interested in pursuing a career in Real Property and one to students interested in pursuing a career in Trust and Estate law. The RPTE Section will award the scholarships during the first semester of your 3rd year.

**Real Property Application:** To apply, submit a maximum 250-word written summary demonstrating your interest in and commitment toward pursuing a career in Real Property law along with a copy of your most recent transcript and resume.

**Trust and Estate Application:** To apply, submit a maximum 250-word written summary demonstrating your interest in and commitment toward pursuing a career in Trust and Estate law along with a copy of your most recent transcript and resume.

Students: 2L and 3L

#### **Tax Section Hugh Muir Award**

**About:** This award that is sponsored by the Tax Law Section recognizes excellence in Tax Law **Students:** 3L

#### Senior Lawyers Division In Memoriam Scholarship

**About:** The Senior Lawyers Division was created to uphold the honor of the profession of law and apply the knowledge and experience of the seniors to the promotion of the public good. To honor and in memory of passed New Mexico attorneys, the Senior Lawyers Division has established an Attorney Memorial Scholarship for third-year UNM School of Law students. Recipients are selected based on their academic performance, career plan and essay submission. Essay topics vary year to year.

Students: 3L

#### Young Lawyers Division Summer Fellowship

**About:** The New Mexico Young Lawyers Division is proud to offer a fellowship award to a UNM School of Law student committed to working in public interest legal sector over the summer. The Summer Fellowship is part of the State Bar of New Mexico and the Young Lawyers Division commitment to public service across

New Mexico. The program is intended to encourage law students to pursue a career in public interest law in New Mexico. The Young Lawyers Division will award up to \$5,000 to the accepted applicant.

Students: IL and 2L

#### OTHER SCHOLARSHIP OPPORTUNITIES

The following are monetary awards that are hosted independently of UNMSOL. Applications are submitted through an external platform with the State Bar (Jotform, Google surveys, etc.). Some scholarships may be available to law students outside of UNM. To apply or learn more, contact Member Services at memberservices@sbnm.org

#### **Employment and Labor Law Bar Prep**

About: The Employment and Labor Law Section of the State Bar of New Mexico will award one scholarship to a third-year University of New Mexico Law School student who intends to practice in employment and/or labor law, to help defray the costs of preparing for and taking the New Mexico bar examination. Scholarship available to students who will graduate and take the bar examination within one year of graduation may apply.

Students: 3L Learn more: www.sbnm.org/employmentlabor

#### Indian Law Section Bar Prep Scholarship

**About:** To support and promote the practice of Indian Law in New Mexico, the Indian Law Section of the State Bar of New Mexico annually awards scholarships to third-year University of New Mexico Law School students who intend to practice Indian Law, to help defray the costs of preparing for and taking the New Mexico bar examination. Scholarship available to students who will graduate and take the bar examination within one year of graduation may apply.

Students: 3L Learn more: www.sbnm.org/indianlaw

#### Indian Law Section Karl Johnson Memoriam Scholarship

**About:** The Indian Law Section of the State Bar of New Mexico is proud to announce the Karl E. Johnson Indian Law Scholarship in honor of Section member Karl E. Johnson. Johnson passed away on June 3, 2019. In life, Johnson was dedicated to representing Indian tribes throughout the country. During his nearly 40-years of practice, Johnson also sacrificed his personal time to mentor future and junior Indian-law attorneys as an award-winning law professor, a trusted confidant, and a friend.

Students: 2L Learn more: www.sbnm.org/indianlaw

#### **Immigration Law Section 2L Book Scholarship**

**About:** The State Bar of New Mexico Immigration Law Section will award to second year law students. Students who have an interest in practicing immigration law and/or have experience in immigration law or with immigrant communities are encouraged to apply.

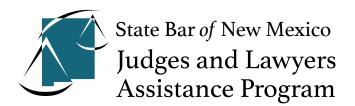
Students: 2L Learn more: www.sbnm.org/immigrationlaw

#### **Immigration Law Section 3L Bar Prep Scholarship**

**About:** The State Bar of New Mexico Immigration Law Section will award to one third year law student. Students who have an interest in practicing immigration law and/or have experience in immigration law or with immigrant communities are encouraged to apply.

Students: 3L Learn more: www.sbnm.org/immigrationlaw

### > Judges and Lawyers Assistance Program



The New Mexico Lawyers and Judges Assistance Program is a free service for all members of the New Mexico bench and bar and law students. NMJLAP offers confidential professional and peer assistance to help individuals identify and address problems with alcohol and other drugs, depression, and other mental health/emotional disorders, as well as with issues related to cognitive impairment. NMJLAP endeavors to improve the well-being of its members through support and early intervention, and to help reduce the public harm caused by impaired members of the legal profession.

#### **Peer Support**

An individual in recovery helping another creates a powerful relationship that can have a tremendous impact on the healing process. An attorney who has "been there" can ease the initial fears and provide unique support and direction. Call NMJLAP at (505) 228-1948 for more information and referrals to peer advisors.



## The Solutions Group EAP - Get help and support for yourself, your family and your employees.

The Employee Assistance Program is a FREE service offered by NMJLAP. Services include up to four FREE counseling

sessions per issue per year for ANY mental health, addiction, relationship conflict, anxiety and/or depression issue. Counseling sessions are with a professionally licensed therapist. Other FREE services include management consultation, stress management education, critical incident stress debriefing, video counseling, well-being webinars, and 24X7 call center. Providers are located throughout the state.

To access this service call 866-254-3555 and identify with NMJLAP.

### > "What a Healthy Lawyer Looks Like"

It is time for a **CULTURE CHANGE** in the legal profession! Judges, lawyers, and law students are some of the most hard-working professionals. This way of living is sustainable for a short while. However, soon you will ask yourself, "Is there more than this? Why am I doing this? Where's the joy? How do I make a living at this long term **AND** be happy....or, at least, content?" We do not claim to have the answer for you, but we can give you pointers and guidance along the way such that you can **CHOOSE** your path. The path that helps you find clarity, meaning, tools to create gratitude and patience and an overall sense of **WHOLE** human being peace and flow. Fluffy? I think not! Intriguing? For sure! Imperative? Definitely!

"There's no one right way to "lawyer". Being a lawyer is one part of who you are, but not **ALL** of you. At the end of the day, you are a **HUMAN BEING**."

We have released an article and podcast episode about one well-being topic in each month of 2021! Tune in to catch the episodes, or learn about our next releases.

Visit the webpage for full calendar list for the podcast episodes and wellness articles.

#### Legal Well-Being in Action Podcast Series Overview:

Find us on:







Does self-care and lawyering co-exist? How do I integrate my personal life and legal professional life so that I find meaning and purpose in both? If I start to feel burned out or overwhelmed as a legal professional would I know? Why does lawyering have some of the highest anxiety, depression, and addiction rates vs other professions and what can I do to make sure I stay mentally, emotionally and physically healthy? How can I be a great lawyer and human being? This legal well-being podcast series will feature leaders of wellness in your community, answer these questions, and more!

Tune in to find out how you can be mentally, emotionally, physically and spiritually strong while being a good lawyer.